



July 30, 2021

## A loss for the *Beet*.

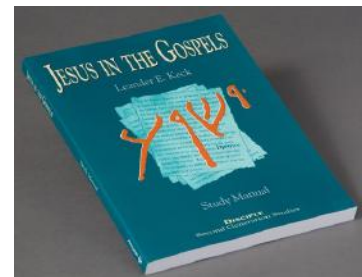
This is the 10th issue of *NoCo Beet*, a monthly miracle that would not have been birthed without the work of designer/copy editor Haley Candelario. The idea for this newsletter sat on the back burner for years before the church found the person who could make it a reality. Sadly, this is also the final issue that Haley will produce as she departs to pursue a second degree from Colorado State University, this one in choral music education. The *Beet* is only a sliver of the work she will continue to do at First Church through August 13. If you're inclined, let her know that you appreciate her contribution at [administrativeassistant@fcfumc.net](mailto:administrativeassistant@fcfumc.net). Meanwhile, the *Beet* will continue to show up in your inbox on the 30th of each month.

*David W. Reid, editor*



***Jesus in the Gospels*** is a 30-week Disciple in-person study beginning September 9 at First Church. Classes will be 6:30 to 8 p.m. on Thursdays.

This class takes participants deeper into the Gospels as the multi-column format of the study manual facilitates comparison of the similarities and differences in all the Gospel accounts, adding richness and texture to the study of Jesus' life and ministry. The lead author of the study is Leander Keck, Winkley Professor of Biblical Theology emeritus at Yale Divinity School.



This in-depth study will be led (alternately) by Rev. Cynthia Paquette, Cindi Ross-Bell and David Reid. Two books (the Gospel comparison and the study manual) are needed. For more information and to sign up, contact Cindi Ross-Bell at (970) 481-0921 or [falcor@frii.com](mailto:falcor@frii.com).

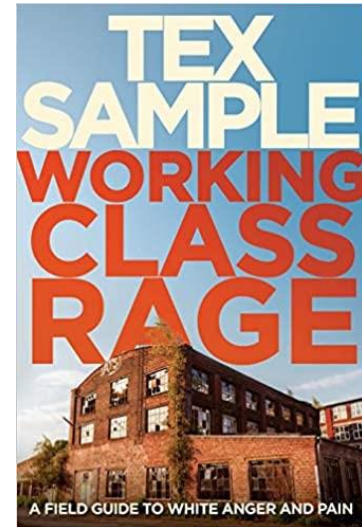
---

A four-week study on Wednesdays of ***Working Class Rage: A Field Guide to White Anger and Pain*** will start August 25. David Reid will facilitate classes at noon and 7 p.m. August 25, September 1, 8 and 15. If demand warrants, hybrid classes will be offered at both times so anyone may participate in person or online.

Author Tex Sample offers directions and examples for those seeking to cross the boundaries of political polarization and work with the white working class for the common good, says Shannon Craigo-Snell, professor of theology at Louisville Presbyterian Theological Seminary. Sample is a familiar face to many United Methodists, who know him as a lecturer, storyteller, workshop leader and consultant. He is the Rogers Professor Emeritus of Church and Society at St. Paul School of Theology and lives in Kansas City, Missouri.

Contact Reid at [davidreid24@gmail.com](mailto:davidreid24@gmail.com) or 970-581-2707 to register or to obtain a book. For the first time since the pandemic started, books will be available for purchase in Fellowship Hall on Sunday mornings.

---



**First Church's replica of the 12-course labyrinth** from the Chartres Cathedral in France will be available for use by anyone 9 a.m. to 4 p.m. August 10-12. This one isn't etched in stone but, rather, it is a canvas

cloth set out in Fellowship Hall.

This is a great opportunity to meditate and reflect by yourself or with a group. Groups might walk hand in hand or holding a sash looped around the leader's waist, with eyes open or blindfolded, trusting the leader. If you would like to reserve a time for a group, contact David Reid at davidreid24@gmail.com or 970-581-2707, or feel free to drop by anytime during the days it is open.



---

**Our Commitment to Self and Society** is an initiative that “seeks to bring together leaders of businesses, non-profits, local government and faith communities in a long-term partnership to acknowledge, and to end, racial disparities and inequities in our community.”

The idea started with Rev. David Williams of Abyssinian Church in Fort Collins. There's an opportunity to [learn more](#) about this at a picnic 2 to 6 p.m. August 15 at Spring Canyon Park on the west side of Fort Collins.

---

The **used book and jigsaw puzzle sale** to benefit the Northern Colorado Faith Library is August 19-22 at the library in First United Methodist Church of Fort Collins. Sales hours are:

- Thursday: 9 a.m. to 1 p.m. and 6 to 9 p.m.
- Friday: 9 a.m. to 1 p.m.
- Saturday: 9 a.m. to 1 p.m.
- Sunday: 9 a.m. to noon.

For more information on the sale, making donations or to volunteer to help sort books, contact David Reid at 970-581-2707 or davidreid24@gmail.com.



---

### Singing in the “JAWS of SLAVERY”

At the end of the Civil War, three abolitionists spent months traveling through several Confederate states to collect music and lyrics of Slave Song for posterity. A copy of their 1867 anthology, *Slave Songs of the United States*, is available through the Northern Colorado Faith Library. We conclude a summer series on Negro Spirituals with the help of the Stover Street Stompers.

“Nobody Knows the Trouble I’ve Seen” appears in that 1867 Anthology. “Swing Low Sweet Chariot,” one of the best known and most beloved slave songs, has two enticing historical narratives. An online search for “History of Swing Low, Sweet Chariot” will yield these stories.



*Swing Low, Sweet Chariot* performed by the Stover Street Stompers.

## **SWING LOW, SWEET CHARIOT**

**Refrain:** Swing Low, Sweet Chariot, coming for to carry me home; Swing Low,  
Sweet Chariot, coming for to carry me home.

I looked over Jordan and what did I see?

Coming for to carry me home  
A band of angels coming after me  
Coming for to carry me home.

### ***Refrain***

If you get there before I do  
Coming for to carry me home  
Tell all my friends I'm coming, too  
Coming for to carry me home

### ***Refrain***

I'm sometimes up and sometimes down  
Coming for to carry me home  
But still my soul is heavenly bound  
Coming for to carry me home

### ***Refrain***

The brightest day that I can say  
Coming for to carry me home  
When Jesus washed my sins away  
Coming for to carry me home

### ***Refrain***



*Nobody Knows the Trouble I've Seen* performed by the Stover Street Stompers.

### **NOBODY KNOWS THE TROUBLE I'VE SEEN**

**Refrain:** Nobody knows the trouble I've seen. Nobody knows but Jesus.  
Nobody knows the trouble I've seen. Glory, hallelujah!

Nobody knows the trouble I've seen  
Nobody knows my sorrow  
Nobody knows the trouble I've seen  
Glory, hallelujah!

#### ***Refrain***

Sometimes I'm up  
Sometimes I'm down  
Oh, yes, Lord, sometimes I'm almost to the ground  
Oh, yes, Lord

#### ***Refrain***

Oh, every day to you I pray  
Oh, yes, Lord  
For you drive my sins away  
Oh, yes, Lord

#### ***Refrain***

---

# Regional

The **Racial Justice Movement and Ministries Task Force** of the Mountain Sky Conference and community leaders will host a [spiritual pilgrimage](#) to the Heart Mountain WWII Japanese-American Confinement Site near Cody, Wyoming, on September 18. The goal is to learn the history and how it can be applied to being anti-racist and living in beloved community today. The trip is about a six-hour drive from Fort Collins.



---

**Memona Hossain**, left, and Abeer Butmeh, right, are two of a long list of distinguished speakers scheduled for the [inaugural virtual conference](#) of Iliff School of Theology's Center for Ecojustice on October 21-22. Organizer Miguel De La Torre said the agenda is focused on climate change and immigration.



## National/International

**Indiana University hosts an online mini-conference on white Christian nationalism August 18.** You must [register in advance](#) for this virtual conference. Among participants who have written recent books that touch directly or indirectly on the topic are moderator Andrew Whitehead, Anthea Butler and Kristin Kobes Du Mez.

---

**"The Lure of Power: Religion, Politics, Insurrection"** is an [online course](#) from the Graduate Theological Union that's open to anyone. This is a critical look at the role of white Christian nationalism in the January 6 insurrection at the capitol.

---

**What has happened to Christianity in the 20 years since 9/11?** Homebrewed Christianity's Tripp Fuller will elicit the thoughts of authors Brian McLaren and Diana Butler Bass in an [online pop-up learning community](#). You may view the six sessions live and be part of the conversation or watch the replays.

---

**Rev. Brenda K. Smith** has some tips for the spiritual practice of journaling during the pandemic on the [National Council of Churches site](#).





The folks at **Spirituality & Practice** believe it's time for the world to discover . . . (wait for it) . . . Protestant Spirituality! This [e-course](#) starts August 9 and will be led by Joseph Driskill, professor emeritus of Christian spirituality and dean emeritus of the Disciples Seminary Foundation at Pacific School of Religion.



---

Luther Seminary promises **A Cosmic Adventure Through Science and Faith** in a free, four-session [online course](#). Here are some selections on science and faith available in the Northern Colorado Faith Library. Look for some of these on display during August:

- [\*Quantum Shift: Theological and Pastoral Implications of Contemporary Developments in Science\*](#), by Heidi Russell
- [\*Resting on the Future: Catholic Theology for an Unfinished Universe\*](#) by John F. Haught
- [\*Science and Faith: A New Introduction\*](#) by John F. Haught
- [\*Einstein's God: Conversations about Science and the Human Spirit\*](#) by Krista Tippett
- [\*Saving Creation: Nature and Faith in the Life of Holmes Rolston III\*](#) by Christopher J. Preston
- [\*Science and Religion: A Very Short Introduction\*](#) by Thomas Dixon
- [\*Quantum Physics and Theology: An Unexpected Kinship\*](#) by John Polkinghorne
- [\*Christ in Evolution\*](#) by Ilia Delio
- [\*The Language of God: A Scientist Presents Evidence for Belief\*](#) by Francis S. Collins
- [\*The Oxford Handbook of Religion and Science\*](#)
- [\*Galileo, Darwin and Hawking: The Interplay of Science and Religion\*](#) by Phil Dowe
- [\*Three Big Bangs: Matter-Energy, Life, Mind\*](#) by Holmes Rolston III
- [\*Genes, Genesis and God: Values and Their Origins in Natural and Human History\*](#) by Holmes Rolston III
- [\*Science and Religion: A Critical Survey\*](#) by Holmes Rolston III

---

*NoCo Beef* is a publication sponsored by the Adult Faith Formation Team and Northern Colorado Library Board at First United Methodist Church in Fort Collins, Colorado. Publishers are Rev. Melanie Rosa and Rev. Cynthia Paquette, both of First Church. David Reid serves as editor. Haley Candelario is the designer and copy editor.

You can find our archive on the [Adult Ministries page](#) at the First United Methodist Church website. If you have comments or suggestions, please feel free to contact us, and if you like what you see please forward this to acquaintances. Everyone is welcome to subscribe by using [this form](#).

---

*Copyright © 2021 First United Methodist Church of Fort Collins, CO, All rights reserved.*

Want to change how you receive these emails?  
You can update your preferences or unsubscribe from this list.