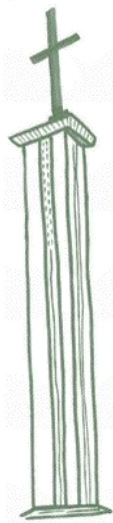


FIRST
United Methodist
CHURCH

1005 Stover Street
Fort Collins, CO 80524
970.482.2436
www.fcfumc.net



The **Carillon**

March 2021 Volume 27 Issue 3
David Adkins, Editor

**First Church: An inclusive, deeply relational community
inviting all people to experience God's presence today.**

**Discover God's Love
Inspire Hope • Grow in Faith • Serve With Joy**

MESSAGE FROM MELANIE ...

It seems as though we have been through an entire year of Lent, with its solemn emphasis on sacrifice and self-denial. The past year we have sacrificed many things: face-to-face worship, fellowship, meals, concerts, hugs, family gatherings, and so much more. It has not been easy for any of us, which is why during Lent this year, we will be focusing on the subject of healing and wholeness. We will think about physical, mental, emotional, community, environmental and spiritual health. We will consider our brokenness as vulnerable humans, and use the imagery of broken glass. Broken glass on the beach or elsewhere, is transformed with time and adversity into something beautiful. This is our journey too. We at First Church are concerned about your physical, mental and spiritual wellbeing and wholeness.

Throughout his ministry, Jesus attended to those who were considered broken, unworthy, insufficient, and his attention made them beautiful. We will consider the lives he touched and see how Jesus encouraged the healing process. This inspires us to lay our whole selves before God, the one who restores our souls. Journey with us during Lent through the healing ministry of Jesus, to the cross... and to the promise of everlasting and abundant life.

Melanie

Dr. Melanie Rosa, *Lead Pastor*



MARCH 7

Truth Telling: Mental Health,
Matthew 8:28-34

MARCH 14

Balance: Emotional Health,
Matthew 9:27-33

MARCH 21

Restoration: Environmental Health,
Matthew 8:18-27

MARCH 28, PALM/PASSION SUNDAY

Bravery: Spiritual Health,
Luke 19:37-44; Mark 15:1-15

APRIL 4, EASTER SUNDAY

Healing and Wholeness,
Matthew 10:1-8; Mark 16:1-8

EXPLORING

First Church

Are you interested in learning more about our promising and inclusive church? Would you like to consider the possibility of becoming a member of this compassionate community, sharing the love and light of Christ in our time? If so, Rev. Melanie and Rev. Cynthia invite you to join them on **Sunday, March 7 at 1:00 p.m.** for a Zoom class about our church and its mission in a post-pandemic world.

If you are interested, please contact administrativeassistant@fcfumc.net for the Zoom link.

Ahhhhh-Spring! Fresh air, sunshine, birds singing in the trees, daffodils and tulips. Ahhhhhh-CHOOOO! Oh, right...allergy season is upon us. Ragweed and pollen and dander, oh my! The red, itchy, watery eyes, the runny nose, the never-ending sneezes, congestion, post-nasal drip. You name it, allergies can cause it. What is an allergy sufferer to do? The trick is to educate yourself and create a plan that you put into action sooner rather than later. Start by reading the excellent articles below. Then schedule a visit with your healthcare provider SOON if you need prescription medications. Don't wait until you are miserable. With seasonal allergies, as in sports, the best defense is a good offense. Read these articles so that you can prepare to enjoy the upcoming spring and summer. <https://www.mayoclinic.org/diseases-conditions/hay-fever/in-depth/seasonal-allergies/art-20048343> <https://acaai.org/allergies/seasonal-allergies> Take care of yourself and others.

Donna Newkirk, MSN, APRN-BC
Faith Community Nurse



HOW FIRST CHURCH HELPS THE HOMELESS

Community and World Mission Committee

Our congregation aids the homeless and near homeless in our community by supporting multiple programs both financially and with volunteer hours. Faith Family Hospitality (FFH) provides housing and meals to homeless families while they work to escape homelessness. Currently our congregation cooks dinner and provides overnight hosts for 1 week about every 3 months. Our church volunteers also prepare meals at The Mission (Catholic Charities of Larimer County) on a rotating schedule. We financially support the Murphy Center for Hope, which has multiple programs for the homeless. Finally, First Church has supported affordable housing through Habitat for Humanity for many years and last year even served as the lead church to build a home. Our commitment to Habitat for Humanity has not just impacted the homeless locally, but has reached places as far away as Florida and Vietnam as teams of church volunteers have traveled to support the cause.

A new opportunity to continue our loving support of those less fortunate is now in front of us. Mason Place is a new Fort Collins community of apartments for disabled persons who have been homeless. They are asking for donations of new and gently used household items. Please see the link below for items requested and where to drop off donations: <https://2ql9piqdz1w47gyd62hl6tgg-wpengine.netdna-ssl.com/wp-content/uploads/2020/11/Mason-Place-Wish-List-ver-11.20.pdf>.



MASON PLACE



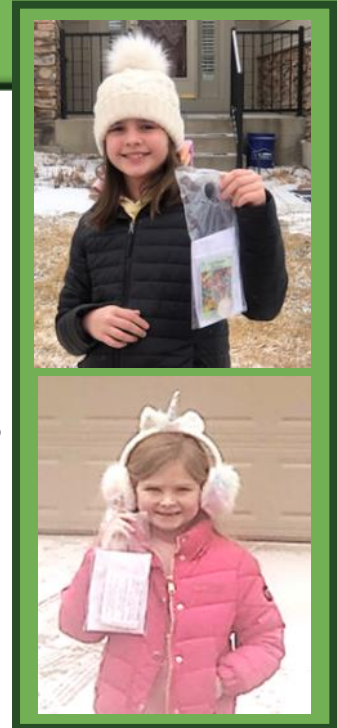
LENT CARE PACKAGES – THANK YOU!

- REV. CYNTHIA PAQUETTE, EXECUTIVE PASTOR

THANK YOU VERY MUCH to Blake, Caroline & Olivia Barkoskie; Susan & Dean Block; Bob & Sally Castner; Lisa, Sara, Finley & Quincy Cole; Martha Conant; Karen Contos, Rich Fisher, Helen Gray, John Hervey, Margaret Janson, Elaine Karns, Lynne Klingelsmith; Karen & Gordon Knuckey; Deborah & Mike Kohler; Stephanie Lane; Susan & Doug Leinhart; Stephanie & MacKenna Matthews; Mary Ann Michels & Peter Stackhouse; Donna Newkirk; Kate & Rick Norton; George & Donna O'Connor; Heidi Priebe; Marilyn & Jim Pullin; Lois Quintana; Pam Raab; David Reid; Joan & Michael Richard; Jackie Ricketts; Cindi Ross-Bell; Jan Sanford; Bren Shuler; Craig Shuler; Janet Shupe; Bonny Thomas; Sherri & Bruce Wahlgren; Karen Waldron & Mary Ann Kerttula; Shan Watkins & Dave Norwood for helping deliver Lent Care Packages to 533 families. Also a huge THANK YOU to Haley Candelario and Gail Wells for helping me put together, pack, sort, and get the packages ready for delivery.

If you did not receive your Lent Care Package, please let me know by leaving me a voicemail at 970-482-2436 x 122 or email at c.paquette@fcfumc.net.

Blessings,
Rev. Cynthia



FAITH FAMILY HOSPITALITY NEEDS VOLUNTEERS!

It's that time again! Faith Family Hospitality, our mission at home, continues as we host up to four families experiencing homelessness. **Our next host week is March 7 through March 13.** Due to the COVID-19 pandemic, the families are staying at Foothills Unitarian Church, rather than moving from church to church each week. As hosts, we have four responsibilities. We cook the evening meal at our church, we serve the meal at Foothills Church, one or two volunteers stay overnight in a room reserved for our overnight hosts, and we launder sheets and towels at the end of the week. This time, there will be new training videos and virtual tour! If you would like to help, you can review safety protocols and sign up at <https://www.signupgenius.com/go/4090449aeaa28a6fb6-faith> or contact Elaine Andersen (970) 682-1147, elaine.andersen@colostate.edu or Bonny Thomas (970) 232-9879.



family housing network
OF FORT COLLINS

FAITH FAMILY HOSPITALITY | SHERWOOD HOUSE | DAY CENTER

OKAY CHORALE

Do you know and love “older songs” (think 1930s – 1950s pop, musicals, hymns) and would like to sing along in the comfort of your home? Sandra Meyer, coordinator for the Okay Chorale, would like to share her gifts by emailing song lyrics and sound files, complete with accompaniment, free of charge to anyone interested. Music is not only enjoyable, it keeps the brain active. The emails will be sent the first and third weeks of each month. If interested email the church office at administrativeassistant@fcfumc.net with your name and email and look for songs starting in March.

BECKY AND EMBER'S PANTRY

Becky and Ember will soon move into their new Habitat home at Harmony Cottages. Thanks to many generous members at First Church, their pantry will be full. Laura Davis is shown moving items and placing them in the pantry.





The Grief Support Group will be starting an online meeting in March. Since in person meetings will not be able to resume for several more months, we will be meeting through Zoom for now. Please join us starting March 9 at 4 p.m. for a get acquainted (or reacquainted) meeting. Meetings will be the second and fourth Tuesdays of each month. Email the church office at administrativeassistant@fcfumc.net with your name, phone number and email. We will get back to you with more information. We look forward to seeing you! Blessings from JoAn Hopkins and Stephanie Lane.

HERE'S WHAT'S HAPPENING IN CHILDREN'S MINISTRY THIS MONTH - BARB GRAUBERGER, CHILDREN'S DIRECTOR



This past month, we have been busy. To kick off Valentine's Day, young families were able to sign up to pick up a hot meal to take home and enjoy. We served 20 families taco bake, fruit and brownies. Hooray for a night off from cooking!

February 17th kicked off the in person Lenten Journey we are taking with K-5 graders. Every Wednesday evening, some of our First Kids will be gathering for an hour to learn about Lent practices. We will be meeting for 5 weeks. Each week we will be exploring a facet of Lent (the 40 days leading up to Easter). Activities will include prayer practices, fun crafting and activities to teach our kids about what Lent means.

We continue to meet every week via Zoom for Sunday School. We have been fortunate to create relationships with kids via Zoom that will continue to grow when we gather in person.

Once a month, the 3rd graders gather via Zoom and we learn about the Bible they received in the fall. It is hard to believe, but we are already halfway through the class. They are a smart group of kids!



“YOU DO WHAT? SPIRITUAL PRACTICES IN TIMES OF CRISIS”

Dr. Melanie Rosa of First Church will be one of five speakers from diverse spiritual affiliations to speak on “You Do What? Spiritual Practices in Times of Crisis” 6:30-8:30 p.m. March 4 in a program organized by World Wisdoms Project. Register at www.worldwisdomsproject.org. Here are the other panelists:

Mākhara-cora das (Mac McGoldrick) has spent the last 25-years studying the religious traditions of India both as an academic and practitioner. He has lived as a Buddhist monk in India and now teaches courses in world religions at Colorado State University.

Viviane Ephraimson-Abt, is a Zen Buddhist Dharma teacher and a founder of the Peaceful Heart Sangha. She is also the manager of Wellbeing Initiatives and adjunct faculty at CSU.

Christine Dianni is a regular attender of the Fort Collins Religious Society of Friends meeting. Her Quaker faith and practice are grounded in silent worship and expressed by serving on Quaker committees, facilitating non-violent communication workshops and practicing contemplative drawing.

Dr. Doreen E. Martinez’s expertise is in Indigenous knowledge systems and sociopolitical land and environment issues. She is Mescalero, Apache and

NORTHERN COLORADO FAITH LIBRARY

The Northern Colorado Faith Library recently launched a new “Multiple Choice” option. Send a request on a topic and the library will select five to 10 items on that topic and deliver them to your home within two or three days. You may always select specific books and DVDs by browsing the catalog at fcf.scoolaid.net. For either service, contact librarian David Reid at davidreid24@gmail.com or 970-581-2707.

JUST AND UNJUST POLICING: REFLECTIONS FROM A CHRISTIAN ETHICIST FORMER LAW ENFORCEMENT OFFICER

Dr. Tobias Winright, a former policeman and Christian ethicist, will speak on “Just and Unjust Policing: Reflections from a Christian Ethicist/Former Law Enforcement Officer” **at 7 p.m. March 3** in a Zoom presentation sponsored by Adult Faith Formation.

He is the author of a recently published collection of essays titled *Serve and Protect: Selected Essays on Just Policing*. Winright is associate chair of health care ethics and theological ethics at St. Louis University.

Winwright’s presentation will set the stage for programs at First Church that will focus on better understanding police practices and policies in Fort Collins and Larimer County.



DR. TOBIAS WINRIGHT

Contact David Reid at davidreid24@gmail.com or 970-581-2707 for the Zoom link.



Address Correction Requested

The theme for the March United Methodist Women's Unit meeting is "Persistence in Mission". This meeting will be held in the EVENING via Zoom on Thursday,

March 11 at 7:00 p.m. March is also "Women's History" month! Members of Circle Hannah will be presenting the program including a video, some history and an interactive time. Everyone is welcome to attend! Questions? elbode8@gmail.com

March UMW Unit Meeting
Mar 11, 2021 07:00 PM Mountain Time (US and Canada)

Join Zoom Meeting
<https://us02web.zoom.us/j/81560334085?pwd=T2JDWURFcncpS3NCUWpFQzkybVJzQT09>

To join by phone, dial
 +1 346 248 7799 or
 +1 312 626 6799
 Meeting ID: 815 6033 4085
 Passcode: 722656

**WE EXPRESS OUR DEEPEST
 SYMPATHY TO THE FAMILY OF ...**

Ronald Sarlo - January 15, 2021

First Church:
*An inclusive, deeply relational community inviting
 all people to experience God's presence today.*

Discover God's Love
Inspire Hope • Grow in Faith • Serve With Joy

SPRING FORWARD



Daylight Savings Time
 begins March 14th