



The Carillon

August 2016

Volume 22

Issue 8



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GIDDY UP and mosey on over to our 2016 Fall Kickoff Party

“FAITH, FAMILY & FUN IN THE WEST”

Sunday, August 21st
10:00 am—1:00 pm

*Bring your blankets, lawn chairs and appetite for
some good food, good music and great fun.*

LIVE MUSIC

Featuring -
Barbara Jo &

The Hippie Buckaroos

GREAT
FOOD

FREE
PRIZES

Opening Act—
The Stover
Street Stompers

CHILDREN'S
ACTIVITIES



ADULT FAITH FORMATION

Summer of the Arts

by David Reid, Director of Adult Formation

The final two Summer of the Arts events will let adults and children get crafty. As usual, we'll have dessert at 6:30 and the program at 7. Here's the schedule:

August 3, Sew a Flag – All hands are welcome as we sew a new American flag for display in our church. If you're interested, contact Diane Smith, 493-2572.

August 10, Nature Collage: Kids will combine leaves, pine needles and other elements from nature with scraps of paper, magazine pages, markers and colored pencils to make mod podge art on cardboard squares. Hannah Lopez will lead this activity.

THE HEALING OF COLORADO—A Community Forum about Amendment 69 (Colorado Care)

by Kevin Mabry

Join us at 7 p.m. Aug. 17 in the Sanctuary for a community forum sponsored by the Adult Faith Formation and Church and Society committees of our church and the League of Women Voters Health Care Committee.

T.R. Reid, a retired foreign correspondent for the *Washington Post*, will present information about Amendment 69, which would achieve universal health care in Colorado if approved by voters in November. Reid is noted for his book, *The Healing of America* and his PBS Frontline documentary, *Sick Around the World*. The book and video of Reid's 2013 appearance at FUMC are available in the Northern Colorado Faith Library. The documentary is available online at PBS.



The Church and Society Committee of the Rocky Mountain Conference has endorsed this amendment as a way for everyone to have affordable, accessible, and accountable health care in Colorado. This amendment is a grassroots movement that is trying to go beyond “Band-Aid fixes” for our health care. Proponents say it would provide an elected board free of political influence to oversee the program and save the state \$4.5 billion in the first year it is enacted. Opponents say the amendment would cause doctors to leave the state, increase wait times and result in a burdensome tax.

Serendipity Class Update

by Stacy Plemmons

For the remainder of July and August, the Serendipity Class will be studying the book, *Being Mortal*, by Atul Gawande. The book is sub-titled “Medicine and What Matters in the End.” In *Being Mortal*, bestselling author Atul Gawande tackles the hardest challenge of his profession: how medicine can not only improve life but also the process of its ending. Medicine has triumphed in modern times, transforming birth, injury, and infectious disease from harrowing to manageable. But in the inevitable condition of aging and death, the goals of medicine seem too frequently to run counter to the interest of the human spirit.

“Being Mortal,” is a personal meditation on how we can better live with age-related frailty, serious illness and approaching death. It is also a call for a change in the philosophy of health care. Gawande, a surgeon, writes that members of the medical profession, himself included, have been wrong about what their job is. Rather than ensuring health and survival, it is “to enable well-being.”

Serendipity Class meets each Sunday morning at 9:30 AM in the Village Commons room on the second floor. For anyone interested in the topic but unable to join Serendipity, PBS's Frontline recently devoted a program to the book “Being Mortal”. That program can be viewed at <http://www.pbs.org/wgbh/frontline/film/being-mortal/>

COMMUNITY AND WORLD OUTREACH

Habitat Stone Soup Build—August 14th

by Jim Collinson, Community and World Outreach

Please sign up for the August 14 Stone Soup Build in the Mission Corner. Please make a financial gift supporting this project by making out a check to FUMC earmarked Stone Soup Build. If you have questions, contact Jim Collinson by email at jimcollinson@q.com or call (970) 377-9687.

Volunteers help build homes and donors provide funding and supplies. We are currently supporting the Stone Soup Build with several other churches and Thrivent Financial. The City of Fort Collins helped with the development costs.

Fort Collins is greatly in need of affordable housing. More than a third of households pay more than 30% and often up to half of their income to housing. They are choosing between housing and other necessities such as health insurance and groceries. Fort Collins had a 0.2 percent vacancy rate last quarter, the second lowest in the USA.

Facts about Habitat

- Partner families save a down payment and contribute 250-500 hours of “sweat equity” building their homes.
- Partner families pay back a zero-percent interest-rate mortgage, which is recycled to build more homes. Only one foreclosure has occurred in Fort Collins since 1993.
- Habitat builds homes in 73 countries. A Habitat home is completed every 4 minutes around the world.



Pictured: Keith Metcalf, Jim Collinson, Rachel Strodman (our family partner), Tom Anderson

Crop Walk 2016

The annual Crop Walk will be held on Sunday October 2nd. This is one of the most successful fundraisers for Church World Services, for both their international food relief programs AND for our local Food Bank! 25% of the money raised stays right here in Larimer County – and since 1988, over \$70,000 has been donated to the Larimer County Food Bank! We are looking for someone to head up our church’s team this year - help to coordinate the teams, advertise and encourage, and work with the FUMC team members to make this our best year yet!

For information or to volunteer come by the Mission Corner on Sunday mornings or call Theresa H at 219-5960.

Back to School??!!

It seems too soon... but if you have been in the stores you know it’s upon us! We are collecting for Pine Ridge Reservation this year, so please pick up some extra supplies while you are out shopping. Everything is needed: pencils, markers, notebooks, filler paper, highlighters, rulers, scissors, folders, Kleenex, copier paper.... Etc.!! Collection boxes will be in the Mission Corner through-August. Thank you for your help!



FUMC Mission Fair



The FUMC Annual Mission Fair will be Sunday, September 18th. Many of the committees and work areas of our church will have displays showing what they do and how you can be a part of the action. If you wish to host a table to share your program with our congregation, please contact Theresa H at 219-5960.

Calling the First UMC Community to Come Together for a Day of Prayer and Fasting

by Rev. Cynthia Paquette, Administrative Pastor

Following a long Christian tradition, the pastors are calling the entire First United Methodist Church community to humble ourselves in prayer as we begin a new church and school year. In humility and gratitude we recognize how much God has blessed us and sustained our community for nearly 150 years.

We specifically pray for:

- Our Strategic Mission and Long Range plans, that we would be faithful to God's vision for us.
- The different ministries and missions in and outside the walls of the church.
- People who have not yet come through our doors.
- Children and adults starting and returning to school and college and their educators.
- A spiritual renewal and awakening of our church community, our city, and our nation.

Adults and children are encouraged to fast from food or something else that they are constantly engaged in (watching TV, playing video games, drinking soda etc.) Fasting as a church community begins after dinner on **August 18** and will last until dinner on **August 19**.

On August 19:

- The Chapel is open all day for prayer.
- Everyone is encouraged to join together for a noon-hour prayer in the Chapel.
- Everyone is encouraged to break fast together at 5:30 PM with a short service of prayer, meditation, and Holy Communion in the Sanctuary followed by a catered meal in the Fellowship Hall.
- Child care is provided from 5:15 to 7:15 PM.

Prayer Sign Up is in the Fellowship Hall on Sunday mornings. Please sign up to pray at a specific time.

Fasting is a deeper way to participate in this prayer day. If you do not understand fasting, please stop by the Fellowship Hall on Sunday mornings to get a copy of **Your Personal Guide to Fasting and Prayer**. Participate in the fast in the way that God leads you.

Senior Wise

by Linn Zink, Senior Council Member

August Double Nickel Lunch *Stover Street Stompers in Concert!*

Join us for the Friday, August 12, Double Nickel Lunch at noon in Fellowship Hall when we will be entertained and inspired by a concert presented by our own **Stover Street Stompers**, an outreach ministry of our church. The band plays Dixieland tunes, gospel songs, spirituals, and traditional hymns for churches in northern Colorado, and performs in nursing homes, and at various community and charitable events. They recently performed at the annual Walker Hymn sing in Timnath which drew an audience of over 1000.



Double Nickel Lunch

Band members include Pat Jungmeyer, piano; Alan Beaty, banjo; Ed Voelkel, tuba; Alan Krech, trumpet; Rae Batch, clarinet; Lance Nelson, tenor sax; and John Allum and Peter Gomm, trombone. On this occasion the Stompers will be presenting a full variety of their music, including some gospel songs and spirituals on which we can sing along – Joe Winsett will be leading our singing on many of the numbers that the Stompers will play – he will help us sound so much better!

Come and enjoy conversation and a good meal with others ages 50 – 90+ (though all ages are allowed!). Lunch is \$4– no reservations are required. Special thanks this month and every month to *Diane Smith* and the many volunteers who make this monthly event possible! Contact Diane if you would like to help before, during or after this gathering: dianes@mindspring.com. **Volunteers are always needed and appreciated!**

Senior Ministry August Calendar

Thursdays, 4 & 18 – Okay Chorale from 3 to 4 in the Village Commons – newcomers of all ages welcome!

Monday, 15 – Movie from 1 to 3, *Far from the Madding Crowd*, Cinema Room – free and all ages welcome!

Friday, 5 – Difficult Hike – Blue Lake. Indian Peaks Wilderness – 6:00 am to 5 pm

Thursday, 11 – Outing to Mount Evans – 6:00 am to 4 pm

Wednesday, 24 – Easy Hikes/Outing, Trail Ridge Road, RMNP 6:00 am to 4:30 pm



Announcing Fall Bus Trip

On Thursday, September 29 we will **head to the high country** on a very comfortable commercial bus to *downtown Frisco plus the Frisco Lake Dillon Marina*. We will view fall foliage going and coming home and have time to explore museum, historical buildings, shops and restaurants in a few blocks area of downtown Frisco, plus have the option of a scenic boat ride on Lake Dillon. The trip will be from 8:30 am to 5:30 pm from the south church lot - cost is \$30 per person plus lunch or \$30 plus an optional \$20 boat ride (includes lunch). Sign-ups begin **now** by email (lczink@gmail.com) and at Double Nickel lunch - you pay when you step on the bus. *Confidential scholarships are available.*



For more information or to sign up for any of these activities, or the senior ministry email list, contact Linn Zink, Senior Council member, lczink@gmail.com or 970-689-3047.



NEVER FEAR!

The Psalms are full of inspiring prayers to God, who always looks after you.

Directions: Use the clues to fill in each missing letter. Then use those letters to complete Psalm 13:5, NIV.

What plants grow in DIR ₁ _____
 The opposite of play WO ₂ _____ K
 One-of-a-kind ₃ NI QUE
 A hug and a KI ₄ _____ S
 Sour TAR ₅ _____
 To speak very loudly YE ₆ _____ L
 Immediately N ₇ _____ W
 Bees live in a HI ₈ _____ E
 A dandelion is this W ₉ _____ ED

I _____ in your unfailing _____ ;
 1 2 3 4 5 6 7 8 9
 my heart rejoices in your salvation. Psalm 13:5, NIV

Answers: dirt, work, unique, kiss, tart, yell, now, hive, weed;
 I trust in your unfailing love; my heart rejoices in your salvation. Psalm 13:5, NIV



Changes Coming— Some You'll See & Some You Won't

By Bill Whitaker, Trustee

Using funding from the Makinen Bequest the Board of Trustees have three major facilities projects under contract that will take place in the next few weeks.

1. **Reline the flue for the south boiler plant to eliminate corrosion damage to the boilers due to flue gasses returning down the present flue into the boilers.** Again, you won't see anything new once it's done but the boilers will love it. Do note that there will not be hot water in the south restrooms or in the main kitchen during this work. July 18 thru 22 - \$4600.
2. **Replace the distribution system on the north boiler plant.** This doesn't replace the boiler itself (original to the building - 1964 and still going) but replaces everything else associated with heating the facility related to the north boiler. It will eliminate the last of the obsolescent pneumatic controls and enable web based, central control of the thermostats in spaces heated by the north boiler system. You won't see anything new (except a few new thermostats) but the system will be more reliable and maintainable. July 27 thru August 12 - \$33,200.
3. This one you will see. **Improve the lighting in the south parking lot.** The present two light poles will be replaced with seven new poles and eight LED light fixtures. Three poles will be in the large playground area and there will be two along the centerline of each side of the parking lot. The design was challenging as the pole placement had to accommodate the current parking area while not conflicting with the planned changes in the facilities master plan. The parking lot will remain usable throughout this work although there will be areas around the poles that will be restricted. The work will be done in August - \$56,800.

How Amazing is this Grace?

by Pastor Charles, Lead Pastor

In my second grade Sunday School class, I memorized the story of Noah and the flood. I did not learn the story of Noah's drunken stupor after the ark landed. As a child, I was somewhat familiar with David and Bathsheba. My earliest teachers smoothed the rough edges by directing our class' thinking to remember Solomon, the great and wise king, was born to this union. I was in college when I first encountered a full telling of Esther's life, a story of women in a king's harem, of a peasant girl who supplants the reigning queen by winning a beauty pageant, and of the newly crowned Queen Esther gaining the king's favor. The Bible is filled with saints who lived checkered lives.

It is hard to find a pristine character in the Scriptures.

From Abraham whispering to Sarah, "...tell [the Egyptians] you are my sister so that they will treat me well..." (Genesis 12:13) to Cephas (also known as Simon Peter the disciple of Jesus) and his hypocritical acts resulting in a rebuke from Paul writing, "I opposed [Cephas/Simon Peter] to his face." (Galatians 2:11), the Bible is filled with flawed and fallen people. Accusations circulated about Jesus too. He is a glutton and drunkard according to some (Luke 7:34). A woman "from the city" anoints him, and Pharisees

criticize him for it (Luke 7:37). Jesus associates and dines with tax collectors and sinners is one other charge aimed at him by

the religious leaders (Matthew 9:11).

The lesson here is grace is for everyone. When grace is doled as though it were a dose of medicine, we are missing the

point. When grace is reserved for those who are most deserving, it is more a work than a gift. Grace is not something saved for the good guys. Grace is already on the table for everyone.

Recently, I read a book describing how each of us tends to look introspectively. The author wrote we look in the mirror and see ourselves as the exception. We falsely believe we stand out from others. It is hard to admit. We are like Abraham and Sarah who lied, and we are like Simon Peter who did one thing and said something else. The good news is grace is not for those who are worthy. If it were, it would not be the gift we know as grace.

The lesson here is grace is for everyone. When grace is doled as though it were a dose of medicine, we are missing the point.



Important News About Sam Hastings

by Pastor Vivian, Executive Pastor



As many of you know, Sam and his wife, Leah, are expecting their second child at the end of September. While they are overjoyed for their family, Sam has discerned that his job here no longer meets the needs of his changing family life. Although he has enjoyed his time with us and deeply cares about our youth and their families, it is time to put the needs of his family

first. He has given the Staff Parish Relations Committee his resignation. Sam will be with us through most of September (the new baby's arrival will determine the exact date he leaves us), and will work to ensure there is a smooth transition in leadership. The SPRC joins with all of you in wishing Sam, Leah, and Riley well, and is already in the process of creating advertising for a new Youth Director.

Sam has discerned that his job here no longer meets the needs of his changing family life.

COMMUNITY AND WORLD OUTREACH (cont.)

Thank you to Community and World Outreach Team

From Ken John, Murphy Center Resource and Marketing Director

Mr. Collinson and Outreach team:

Thank you so much for your donation to the Sister Mary Alice Center for Hope (Murphy Center). We received your contribution of **\$2000** on June 10th. In April we had over 3,300 guest interactions which was the highest month in nearly 2 1/2 years. Also, we just started collecting data on guests of the Murphy Center who were homeless but recently gained housing and are no longer homeless. That, of course, is the ultimate goal for all of the guests we serve that are homeless. In the two-month period that we've been surveying people, we've had 12 individuals who are now housed! Those results wouldn't be possible without the collective support of our community, volunteers, agency partners, and your support!

Here's an excerpt from one of these guests who had been homeless "since the MC opened":

"It was there for me, rain or snow, up or down days. It was all I knew at times. Somebody always cared, helped, or steered me in the direct direction. Mentally they would put you on the right track. Emotionally someone would let you cry on their shoulder. I was a drunk and people would still help—bless them. Called me by my name—smiled always. There is a light at the end of the tunnel. All it takes is walking in and asking for help. Thank you and God Bless everybody through the years that helped."

Thanks for your support! It was a pleasure meeting you all, and we appreciate the opportunity to work with you in our mutual mission to serve people in need in our community.

Annual Conference Update

By JoAn Hopkins, Lay Member to Annual Conference



The Annual Conference theme this year was Ministry On The Margins. We were introduced to Holy Conferencing. This means that we can come together and not all think alike but we can all love alike.

Diana Huerta from Grand Junction talked about the importance of building faith communities for the benefit of the people that are not yet members of any church. We must go where the people are. "Real action happens when the butt leaves the pew. Remember—**FAITH, HOPE AND LOVE!**"

What is God's view of Ministry for those on the Margins? "Compassion, giving them hope, feeding the hungry and offering hospitality, love and a warm welcome."

Another program that is a priority is **Soul Repair**. Veterans coming home from war, individuals that have experienced domestic violence and survivors of rape and incest all have the need for spiritual and emotional support that is not judgmental.

There was also a discussion regarding the merging of the Yellowstone Conference with Rocky Mountain Conference. A vote by ballot was held and the majority vote was to join the two conferences which will be called the **Mountain Sky Conference**.

A celebration for Bishop Elaine's 8 years in our conference was held. Her husband and 4 sons were introduced. The Chiefs representing the Sand Creek Massacre presented her with a beautiful blanket.

This was a valuable experience and I am grateful that I was given the opportunity to attend.

United Methodist Women Reminder

September 11 at noon is the UMW kick off potluck ... "Bullying" - putting a stop to it.

MUSIC AT FIRST CHURCH

Handbell Choir Update

by Karen Stoody, Organist, Handbell Choir Director
and Music Coordinator

Summer is half done, and August is time to think about the return of school year schedules. I am so excited to work with the Carillon handbell choir, and with enough interest, we will have an additional new small handbell choir for "beginners". As the bell ringers and I met a few times in May, we talked about a schedule, and agreed upon 7:00-8:15 on Wednesdays for rehearsals. This will allow for attending any Wednesday suppers and classes that might continue from last spring. Our first rehearsal will be Wednesday, August 25, down in the choir room. I have some music ready for us to get started on, and you can expect weekly communication from me. Welcome back to bell choir!! Contact me at either karstoo@earthlink.net or organist@fcfumc.net.

Sanctuary Choir New Member Night Thursday, September 8, 2016—6:30 PM

By David Adkins, Director of Music Ministries



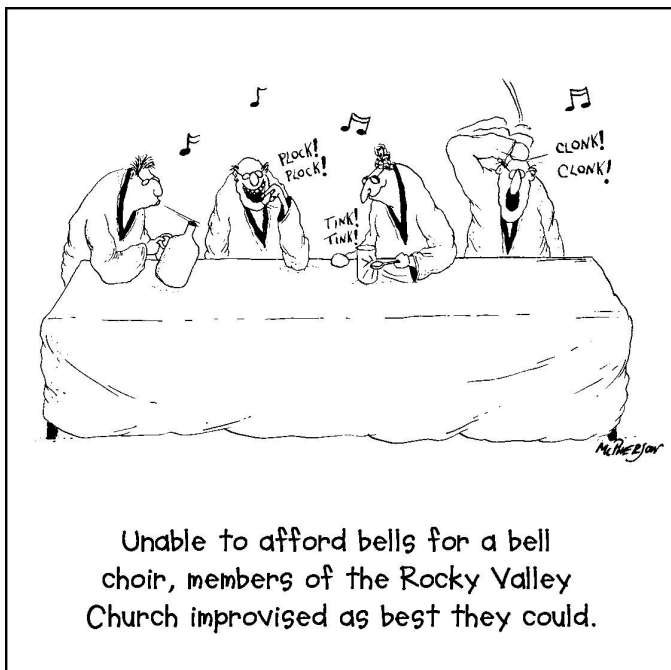
We want to grow our Sanctuary Choir and fill all of those blue chairs in the choir loft with singers. To do so, we are going to need those of you that are singers to step up and volunteer to join our choir.

There is no audition required to join, and everyone who enjoys singing is welcome.

We will host a **New Member/Welcome Back Night** on Thursday, September 8th at 6:30 pm in the Choir Room. Please come and enjoy some refreshments and conversation from 6:30—7:00 followed by our standard rehearsal time of 7:00—8:30. This is a great opportunity to come and see what we are all about.

If you enjoy singing, please consider joining us. I think we all agree that the choir loft looks much nicer filled with singers than with empty blue chairs!

If you have questions about our Sanctuary choir, or any area of the music ministry at FUMC, please contact me at choirdir@fcfumc.net.



Unable to afford bells for a bell choir, members of the Rocky Valley Church improvised as best they could.





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REMEMBERING
DEATHS WITH SYMPATHY
July 8—John Metzner



THANK YOU

Dear Friends at FCFUMC,

I wanted to let the many of you who have reached out to me through cards, e-mails, and calls in the aftermath of my motorcycle accident on June 17th know that you have touched me deeply and encouraged me greatly in a difficult season of my life. I am recovering from the physical injuries sustained, now pretty much limited to the broken collarbone (surgically repaired on June 30th) and ribs. Physical healing is one thing; the soothing of the mind, soul, and spirit is yet another. Thank you for being such a helpful and grace-filled part of the latter.

Yours in Christ always and wishing you all well,

Pastor Steve Easterday-McPadden
FUMC Grand Junction

