

TODAY AT FIRST CHURCH

USHERS:

9:30 Randy Olson, Dana Sampson, Rich Raab, Pam Raab

11:00 Eric Wilkinson, Lisa Koepke

WORSHIP CARE TEAM MEMBER: Scothia Orr

ALTAR FLOWERS: Today's altar flowers are given by Sandra Stille.

Happy Valentine's Day!

Free Blood Pressure Clinic Today

Come have your blood pressure checked today, including a free nursing consult. Sponsored by your FUMC Faith Community Nurses.

Lenten Journey for Kids

Only a few spots left! **Starting February 14th**, the Lenten Journey for Kids is available to **K-5th grade**. We will be allowing kids to stay until 8 p.m. to align with youth group, classes or just for fun. This is an interactive class to teach our First Kids about the Lenten season. **We will meet each Wednesday for 6 weeks 6:30-7:30**. There will be no class on March 13th (Spring break). Sign up with the QR code!



2024 SPRING WORKSHOP SERIES

PRAYING WITH PRAYER BEADS with Diana Grant and Lynnè Diaz

Wednesday, February 21, 2024 Noon – 1 p.m., 7 – 8 p.m.

at The Church Parlor

Join Diana and Lynnè for a workshop on making prayer beads that you can use in your prayer time during Lent and beyond. Books that guide you in praying with beads will be available for purchase. **Sign up with the QR code.**



2024 Lenten Study - Will meet in Village Commons

Wednesdays, February 28 – March 20, 2024 - Noon – 1 PM, 7 – 8 p.m.

Beginning to Pray is a simple and powerful book, by Russian Orthodox Bishop Anthony Bloom. Bloom was the son of a diplomat and an atheist who came to faith while serving as a physician. At the heart of his preaching and teaching was a personal encounter with God in prayer. Purchase books (\$10 each) on Sunday mornings in the Fellowship Hall. **Childcare will be provided but must be reserved by calling the church office by 2/23.**



2024 Workshop Series - Centering and Welcoming Prayer

March 2, 9 a.m. to 4 p.m.

Lunch will be provided. (\$5/person donation appreciated)

Quoting the Center for Contemplative Living:

"Centering Prayer teaches us consenting in stillness; the Welcoming Prayer practice teaches us consenting in activity."

Presenters: Shawn Delne, Pat Wittkopf, Sue Kahalekulu, and Kit Snyder from the Center for Contemplative Living, Denver, CO.

Sign up for workshop and childcare with QR code.



WE WELCOME OUR NEW MEMBERS



Carol and Skip
Herbert



Debbie Herring &
Wayne Werbelow



Donna
Rolston



John Marshall &
Erin Paisan



Joy and Ken
Campbell



Karen
Benoit



Larry and Carrie
Peterson

Our Church Staff



Connect With Our Pastors

Rev. Brad Laurvick
Lead Pastor
brad@fcfumc.net

Rev. Cynthia Paquette
Pastor of Congregational Engagement
c.paquette@fcfumc.net

First United Methodist Church
1005 Stover Street • Fort Collins, CO 80524 • (970) 482-2436



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SIMPLE GIFTS

February 11, 2024

You are most welcome at First Church.

We are a fully inclusive, deeply relational community inviting all people to experience God's presence today.

Sunday Worship Services are at 9:30 and 11:00.

There are many opportunities for spiritual growth and connection for all ages.

Thank you for joining us today!