FIFSE United Methodist Church of Fort Collins, Colorado



# Carillon

October 2018

Volume 24

Issue 10

TRUNK OR TREAT Sunday, October 28 3:30-4:30 p.m.
Modern Worship 5:00 - 6:00 p.m.
CHILI COOK OFF 6:00 - 7:30 p.m.
Bring your favorite chili to Fellowship Hall (white, red, or green) and tasters will vote for their favorite.
Children of all ages are invited to this fun fall celebration of treats, pumpkins and apple cider!  If you would like to join in the fun and decorate a trunk please contact Jayme at jaymeandcory@gmail.com
First United Methodist Church 1005 Stover Street Fort Collins, CO www.fcfumc.net

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#### **GENERAL ANNOUNCEMENTS**

## Sermon Series OCTOBER 2018

October Sermon Series: "Spiritual Literacy: Seeing the Sacred in Everyday Life"

Morning Worship at 8:00 (Chapel), 9:30 (Sanctuary), and 11:00 a.m. (Sanctuary). Modern Worship at 5:00 p.m. each Sunday evening in Fellowship Hall.

October 7— World Communion Sunday
Psalm 26:1-7; John 1:1-14
"Spiritual Literacy: Incarnation"

October 14—Children's Sabbath
Hebrews 4:12-16; Ephesians 2:1-10
"Spiritual Literacy: Enthusiasm"

October 21—22<sup>nd</sup> Sunday after Pentecost Psalm 104:1-9; 1 Corinthians 12:14-31 "Spiritual Literacy: Connections"

October 28—Reformation Sunday
Romans 1:8-17; Ephesians 2:1-10
"Spiritual Literacy: Commitment"

## Old-time Strongman Revue

Our First Church Sunday morning custodian, Josh Osterbur is a very strong man who is presenting his unique one man show to the public. "Who I am is what I do" blends heartfelt story telling with jaw dropping feats of strengths.

Josh mangles metal with his bare hands while delighting audiences with stories of struggle, perseverance, and the believe that anything is



possible. Join Josh at the Bas Blue Theatre (401 Pine Street) on Friday, October 12 at 7:00 pm.



#### ANNUAL CHILI COOK-OFF SUNDAY, OCTOBER 28 6:00 p.m. FELLOWSHIP HALL

Annual Chili Cook-Off at 6 pm on Sunday, October 28 – Chili Cooks and Chili Tasters needed! Do you think

that yours is best? Will your chili stand the test? Sign up on Sundays in Fellowship Hall. Don't want to make chili? That's cool – everyone gets to sample and vote for the winner! Free will donation – proceeds go to Youth Ministry.

#### Message from Rev. Melanie, Lead Pastor...

n recent years scientific studies on the effects of religion have shown that going to church is good for you. Worship attendance boosts the immune system and decreases blood pressure. It may add as much as two to three years to your life. The reason for this is not entirely clear, but my guess is that peace of mind and social support are significant factors. A regular spiritual practice reduces worry, anxiety and fear, thus enhancing overall quality of life. One study shows that people who attend church regularly have larger social networks, more interaction with, more affection for, and more varieties of social support than their un-churched counterparts. Social support is directly linked to improved health, both physically and emotionally. Whatever produces such positive results is certainly worthy of our time and attention.



And yet, as with any other interaction, maintaining closeness with God is an intentional, ongoing process. It requires discipline and practice. It requires constancy in good times and bad. If it is not a priority in our lives, it will easily fall by the wayside. I hope you will make your relationship with God through our community of faith a top priority. Your relationship with your creator is the foundation for every other relationship, and will give you deeper appreciation of your many blessings, as well as the strength to cope with the losses and setbacks life sends your way. A strong spiritual foundation ensures that your reserves of patience, peace, hope stay replenished.

Your church staff and lay leaders are working hard to offer many opportunities for you to grow spiritually. With 4 Sunday worship services, a wide variety of classes, studies, mission and outreach experiences, music ministries, as well as fellowship, there are multiple

God is at work here, my friends, and we are eager to help you be a part of what God is doing.

ways to get involved. By far the most important is regular worship, as studies have also shown that worship attendance is not only the key measure of a church's vitality, but the most tangible sign that its people are growing in their knowledge and love of God. Dr. Lovett Weems writes: "Worship is the exposure to the beauty of God in Christ." The more often we are exposed to that beauty, the more beauty we will discover in the world around us.

God is at work here, my friends, and we are eager to help you be a part of what God is doing. Take advantage of the many ministries of our church, and your life will be immeasurably enriched. We hope to see you here soon, where we are eager to embrace you and say, "Welcome Home."

Rev. Melanie Rosa

#### **First Church Staff Retreat**

Nine members the First Church Staff spent a day at Buckhorn Camp for some team building and goal setting for the busy season ahead. It was a wonderful day together and brought the team closer. Our church is blessed by these faithful servants. Please keep our staff in your prayers.





#### **MISSIONS**



ctober is the time for RED DOT DAYS, a fundraiser to support the FUMC Days for Girls Project. Days for Girls helps girls all over the world receive reusable feminine hygiene kits that will allow them to stay in school and become all they can be!! With your generous donations, we can help mobilize girls, their communities and our world grow stronger. Pads are a small thing that make a big difference. Each kit costs ~\$10.00 in materials. Our goal is to make 500 kits annually. Any amount is very welcome! Please make checks to FUMC with DfG on memo line. More information? See display in Fellowship Hall or

Contact Kate Norton at (970) 402-6783 or flf67@live.com. Thanks for your support!



#### **Habitat Stone Soup Build**

n Saturday, August 11, the group in the photo below from First Church joined Westminster Presbyterian Church and the homeowners, Rebecca and Munawar, to help build their future home. It is hoped that they will be able to move in with their children in time for the Christmas holidays. All the hungry builders enjoyed a delicious lunch organized by Diana Burkholder, with a variety of good food donated by Diana, Elaine Andersen, Robin Hause, Carol McPeek, Janet Shupe, Jessamine Simpson, and Bonny Thomas. Harmony Cottages on the southeast corner of Harmony & Taft Hill, will eventually provide safe & energy-efficient homes to 44 families! Next year we will support building a home for one of our First Church families.



#### **All Church Food Drive Cans around the Oval**

First Church is participating in Colorado State's awesome Cans around the Oval campaign to benefit the Food Bank for Larimer County. The drive began on Monday, September 10. CANStruction Day (CSU Plaza) is Wednesday, October 10, and Collection Day at CSU (the Oval) is Wednesday, October, 17!

Although it looks & sounds good to give cans of food, it is even better to give \$\$\$. Make checks out to FUMC. Memo food bank or Cans around the Oval and First Church will write one single check to CSU.

The drive is sponsored by the youth, Wesley Foundation, and the Community & World Missions Committee. Collection barrels are placed conveniently at the East and South entrances and in the Fellowship Hall (2).

Visit cans.colostate.edu to learn more!

Come to Mission Corner in Fellowship Hall, on Sunday mornings to get more information on the Food Bank for Larimer County, its 3 expanded programs, its new warehouse in Loveland, as well as its Most Needed Food Lists (& sample food items). To learn about the history of Cans Around the Oval visit: https://lsc.colostate.edu/slice/slice-engagement/cans-around-the-oval/.

#### **FAITH FORMATION**

#### **CROP Walk for Hunger 1 pm. Sunday. October 7th** Communities Responding to Overcome Poverty

Join other community participants in a 5K (3.2 mile) walk around Fort Collins to raise money to combat hunger & poverty here and around the world. It's a fun occasion as people of all ages from many faith communities, with dogs and strollers, in tennis shoes and roller blades, join in this annual event! Meet at 1<sup>st</sup> Presbyterian Church, 531 S. College Ave. at W. Mulberry Street for registration & instructions at 12:30 p.m., Sunday, October 7

Walkers gather sponsors (non-walkers) to support their walk and the donations are divided so that \( \frac{1}{4} \) goes directly to Food Bank for Larimer County for local programs and \(^3\)4 goes to Church World Service (of which the United Methodist Church is a member). CWS uses the donations to eradicate hunger and poverty in the US & around the world through emergency and disaster relief, and education and resource programs.

Forms, route maps, materials, and information will be in the Mission Corner of Fellowship Hall.

#### **World Communion Sunday Special Offering October 7, 2017**

World Communion Sunday began in the 1930s, in the midst of some of the darkest days of World War Two, when hopelessness and fear crept in as it seemed that our world was being torn apart. A Presbyterian church, in an effort to bring Christian unity and peace, thought we needed a Sunday where all who were Christians could gather at the table for the Holy Communion and remember we were one. Now, more than 80 years later, World Communion Sunday celebrates our inclusivity and diversity. As we break bread together, we remember that we are still one body in Christ, even though we speak different languages, have various cultures and traditions as well as different ways of praying, and worshiping.

For more information on World Communion Sunday visit <a href="http://www.umcgiving.org/ministry-articles/world-">http://www.umcgiving.org/ministry-articles/world-</a> communion-Sunday.



he United Methodist Women's October unit meeting will be Thursday, October 11, 2018 at 11:30 a.m. in the parlor. Following lunch we will have an update by Kate Norton on the Days for Girls project. Several women have already been busy cutting, pressing and sewing the different components that make up the kits for girls who do not have access to sanitary products and therefore miss school. Kate will explain the refinement of standards that have been developed so that the kits are comfortable, user friendly and durable.

There are other groups in Fort Collins and other locations in our conference and beyond who are involved with Days for Girls. Check out their website at www.daysforgirls.org. to learn more about the need and the response.

We also will have a memorial service remembering circle members who have died in the past year. In addition, officer nominations for 2019 will be read.

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United Methodist Women is open to all women of the church who want to put Faith, Hope and Love into Action!



### 2018 FUMC Women's Retreat "Come away...and rest awhile."

Mark 6:30-31 Saturday October 20, 2018 9 AM TO 3 PM

TAMASAG RETREAT CENTER

TRC, a heavenly place surrounded on three sides by the Poudre River. TRC, our favorite spot and only 15 minutes from Fort Collins. Only \$20.00

Special Guest: Dr. Melanie Rosa

Music-Janet Callie Spiritual Guide-Martha Conant Love Feast-Teddy Wintersteen

#### Sign-up Choices

- 1-Sunday mornings Church & Society table in Fellowship Hall
- 2- Weekday business hours in church Office.

Deepest gratitude to the FUMC Foundation for a generous grant to support this special event.

Retreat sponsored by the Commission on the Status and Role of Women (COSROW)







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Morning Worship 8:00 (Chapel), 9:30 (Sanctuary), and 11:00 a.m. (Sanctuary) Modern Worship 5:00 p.m. (Fellowship Hall)



## We Remember with Sympathy the Families of ...

We Celebrate the Baptism of ...

Phyllis Gantz August 31
Wally Jungmeyer September 1st
Mattie Jackson September 3

Bridget Pauline Niswender September 2

#### **Grief Group Meetings**

he Grief Group will be meeting again on the 2nd and 4th Tuesday from 5 to 6pm in the conference room. Talk with others that have benefitted from the Grief Group support. Members are happy to share what has helped them and how they can now enjoy life. If you need support bring a friend, it is not necessary to be a member of FUMC.

#### **ROUNDTABLE #3**

Church and Society's Roundtable # 3 will be held October 21 at noon (after church) in the Parlor. A light lunch will be served. Come and join us!

We will continue to discuss and to listen to each other's viewpoints as Christians and to better develop our own understanding. Possible issues of interest will be gerrymandering, money in politics, intentional lying for political ends and if not previously covered, health care, wealth distribution, the environment, role of government, gun safety, immigration. It is our belief that Christians sharing openly together can emerge with fuller understanding of our own belief systems and a better appreciation of why someone else believes differently.